

Our Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fruit Yoghurt with fresh fruits	Rice crackers with dip and fresh fruit	Cracker squares with vegemite and fresh fruit	Corn thins with cheese and fresh fruit	Crumpets with jam/honey and fresh fruit.
Lunch	Chicken/ veg sandwiches <i>(Babies – Vegetarian Pasta and white sauce)</i>	Rice and kidney beans	Sausage and mash with rich brown gravy	Pasta with fresh vegetables	Beef bolognaise with winter vegetables
Afternoon Tea	Apple cinnamon muffins with fresh fruit	English muffin with butter/jam with fresh fruit	Homemade Assorted cookies with fresh fruit	Cruskits & spread with fresh fruit	Vegemite & cheese scroll with fresh fruit

Water is offered to children throughout the day

Our Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Rice crackers with dip and fresh fruit	Crumpets with jam/honey and fresh fruit.	Corn thins with cheese served with fresh fruit	Cracker squares with vegemite and fresh fruit	Fruit yoghurt and fresh fruit
Lunch	Butter chicken with rice	Italian pizza with vegetables and cheese	Chicken/ veg sandwiches <i>(Babies – Rice and Kidney Beans)</i>	Tomato and vegetable soup with bread roll	Mexican rice with black beans and vegetables
Afternoon Tea	Assorted cookies served with fresh fruit	Crackers with cheese served with fresh fruit	Banana cake with fresh fruit	Garlic Bread served with fresh fruit	Spinach scones served with fresh fruit

Water is offered to children throughout the day

Our Menu – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Cracker squares with vegemite and fresh fruit	Fruit yoghurt and fresh fruit	Rice crackers with dip and fresh fruit	Corn thins and dip served with fresh fruit	Crumpets with jam/honey and fresh fruit.
Lunch	Chicken soup with vegetables and bread roll	Baked beans and vegetables with rice	Honey soy chicken/tofu stirfry rice	Potato and celery risoni pasta	Chicken/ veg sandwiches <i>(Babies – Butter Chicken and Rice)</i>
Afternoon Tea	Corn thins served with fresh fruit	Vegemite cheese scroll served with fresh fruit	Rice crackers with fresh fruit	Fruit cake with fresh fruit	Fruit yoghurt and Fresh fruit

Water is offered to children throughout the day

Our Menu – Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Corn thins with cheese and fresh fruit	Crumpets with jam/honey and fresh fruit.	Fruit Yoghurt and fresh fruit	Rice crackers with dip and fresh fruit	Cracker squares with vegemite and fresh fruit
Lunch	Beef sausages/ Vegetable Paella	Macaroni and cheese pasta	Chickpeas and chicken cauliflower curry with rice	Pumpkin and leek soup with bread rolls	Chicken/ veg sandwiches <i>(Babies – Baked beans and vegetables with rice)</i>
Afternoon Tea	Rice crackers & spread with fresh fruit	Homemade Oatmeal cookies with fresh fruit	Corn thins with cheese served with fresh fruit	Fruit yoghurt served with fresh fruit	Carrot cake served with fresh fruit

Water is offered to children throughout the day

Our Menu – Week 5

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Rice crackers and dip served with fresh fruit	Cracker squares with vegemite and fresh fruit	Crumpets with jam/honey and fresh fruit.	Fruit Yoghurt and fresh fruit	English muffin with spread and fresh fruit
Lunch	Mix veg with roti roll	<p>Chicken/veg sandwiches</p> <p><i>(Babies – Chickpeas and chicken with cauliflower curry and rice)</i></p>	Vegetarian pasta with white sauce	chicken with potato mash and rich brown gravy	Lentil and mix veg soup with bread roll
Afternoon Tea	Mixed fruit muffins with fresh fruit	Mixed crackers & spread with fresh fruit	Lemonade Scones served with fresh fruit	Fruit Yoghurt served with fresh fruit	Garlic bread served with fresh fruit

Water is offered to children throughout the day